

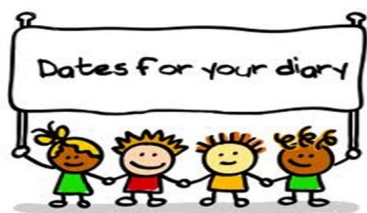


Merry Christmas



December 2017

Clare House Newsletter



Term dates and holidays

- Friday 15th December—term time only children finish
- Friday 22nd December—setting closes at 6pm
- Tuesday 2nd January—re-open after Christmas
- Monday 8th January—term time only children return
- Monday 12th-Friday 16th February—half term (term time only children)

Carol Singing at St Gildas

The 3 year olds will be singing carols with The residents of St Gildas on Friday 22nd December at 11am. Parents of those children are welcome to attend, you will be receiving a letter shortly..



Themes and topics

All our planning for the children is based around themes in order to engage the children's interest and give focus to their learning. We are hoping that you as parents will be part of your child's learning journey either by bringing in items for the thinking boxes or sharing any skills that you may have that link into what the children are doing. Please see your keyperson for more information regarding what's happening on each day/week as we would love you to be involved. Next term the theme is families and the world we live in, the children will be looking at their families, making choices, stories and books and looking at lots of things from around the world.

Please



Drive Slowly & Watch for Children

Some of you are driving far too fast when entering and leaving the car park—it only takes a moment for a child to dash out!

Meditation for Children

Meditation is used to rest the mind, body and spirit, this, in turn, has many mental, physical, and spiritual benefits. Studies have suggested that teaching meditative practices to children can improve their ability to pay attention, to control their tantrums and to make more considered decisions and has shown benefits for attention deficit hyperactivity disorder (ADHD), anxiety, sleep and behaviour problems. There are also physical benefits as it calms the nervous system and decreases stress hormones. This is something that we have recently introduced, the children are really enjoying it and are already seeing the benefits. If you wish to know more about this please ask a member of staff.



Contact details

Please update changes of telephone numbers and make sure that your emergency contacts know that they have been nominated and have our number saved in their phones -there is nothing more frustrating than having a poorly child who needs to go home and we cannot contact anyone!



Please dress your child according to the weather

Please can you ensure that when it is cold/wet that your child has a coat and suitable footwear —we have many children coming in with no coats for outdoor play . As summer approaches can you also make sure that they have a sunhat for sunny days and a coat for wet days.



Thank you



Please log into your account to see all of the lovely photos of your child enjoying their time at nursery.

May we remind you that you sign to say that you will not share these images on any social media accounts, these photos are for your use only.

We would love you to share some of your adventures too, if you are unable to find your way round Tapestry please see your keyperson for further assistance.

Clothes for Nursery



Please do not send your child to nursery in good clothes—they will get messy and get paint on them!!

Please can you provide your children with spare changes of clothes because we have used up all our stocks and please return any clothes that your child has borrowed so that they are available for others

**Please
Keep Gate
Closed**

*This is a
Child Safe Area*



It only takes a moment for a child to run out into the road, please make sure that you close the gate when coming in or going out

In Service Training Day Friday 6th April

We are closed on this day & apologise for any inconvenience

Just a few reminders

Please:-

- Label everything that your child brings to Nursery.
- Send your child in with spare clothes, wellies and shoes.
- Encourage them not to bring toys from home to Nursery
- Can you return any nursery clothes that your child has borrowed from us

