



## Health Procedures – Infection control

Viruses and infections can be easily passed from person to person by breathing in air containing the virus which is produced when an infected person talks, coughs or sneezes. It can also spread through hand/face contact after touching a person or surface contaminated with viruses.

The best way to prevent a virus or infection from moving around the nursery environment is to maintain high hygiene standards in the nursery. To do this we will follow the guidance below:

- Ensure all tissues are disposed of in a hygienic way and all children and staff wash their hands once the tissue is disposed of.
- Encourage all children to do the above by discussing the need for good hygiene procedures in helping them to stay healthy.
- Staff will all wear the appropriate Personal Protective Equipment (PPE) when changing nappies, toileting children and dealing with any other bodily fluids. Staff are requested to dispose of these in the appropriate manner and wash hands immediately.
- All potties and changing mats are cleaned and sterilised before and after each use
- Toilets are cleaned daily or as required.
- Staff are to remind children to wash their hands before eating, after visiting the toilet, playing outside or being in contact with any animal and explain the reasons for this.
- All toys, equipment and resources will be cleaned on a regular and using antibacterial cleanser or through washing in the washing machine or dishwasher as appropriate.
- All equipment used will be washed or cleaned as and when they need it – this includes when the children have placed it in their mouth.
- If a dummy or bottle falls on the floor or is picked up by another child, this is cleaned immediately and sterilised where necessary.
- Clean sheets are placed onto each cot/bed for every sleep time and washed after each sleep.
- When children are ill we will follow the sickness and illness policy to prevent the spread of any infection in the nursery. Staff are also requested to stay at home if they are contagious.
- The nursery manager retains the right of refusal of all children, parents/carers staff and visitors who are deemed contagious and may impact on the welfare of the rest of the nursery.
- Parents/carers will be made aware of the need for these procedures in order for them to follow these guidelines whilst in the nursery.
- The nursery will ensure stocks of tissues, hand washing equipment, hand sanitiser, cleaning materials and sterilising fluid are maintained at all times and increased during times of outbreaks.
- During times of outbreaks we increase our cleaning programme to help prevent the spread of infections.